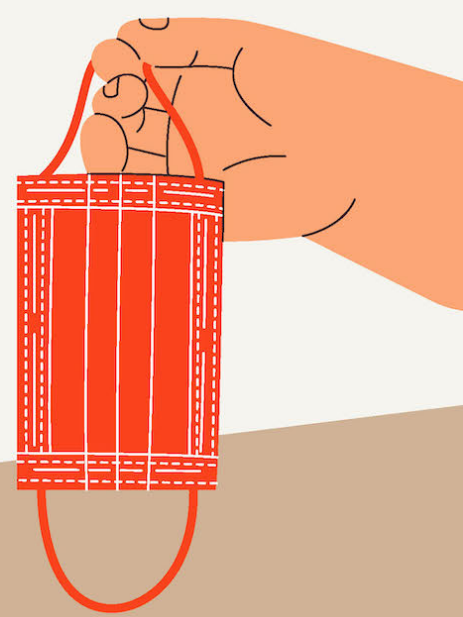




ABADÁ-Capoeira San Francisco
CAPOEIRA ARTS CENTER

COVID-19

ACSF Protocols



- You must pre-register and pay for classes in advance.
- Stay home if showing ANY signs or symptoms consistent with COVID-19. (fever, headache, tiredness, flu like symptoms)
- Bring your own water bottle.
- Studio windows will remain open for proper airflow.
- The studio doors will be closed during class sessions.
- Appropriate sanitizing stations are set up throughout the training studio area.

STEP 1

Please arrive 15 minutes early before the start of class, doors will close 5 minutes into class, ring the bell if you arrive late. Wear your mask and stay on the marks on the floor outside and inside the building. ACSF staff will give you a questionnaire before entering.

STEP 2

Temperatures will be taken by an ACSF front desk staff.

STEP 3

Throughout the building and before stepping onto the main training area, respect the 6 feet distance markers on the floor at all times.

STEP 4

There will be a designated area for your shoes. Bring a plastic bag to place them inside. No shoes pass the front desk and during programming, no exceptions.

STEP 5

Please wait in line by standing on the marks to the bathroom to wash your hands before stepping onto the studio floor.

STEP 6

During class breaks or bathroom runs you will be asked to wash and sanitize hands before coming back to class.

STEP 7

After class, we will have each person leave one at a time from their designated areas to gather their belongings. As soon as belongings are gathered, students must proceed directly to the exit. There will be no gathering or hanging out of any sort.



**Thank you for your cooperation in
keeping our community safe!**