ABADÁ-Capoeira San Francisco

CAPOEIRA ARTS CENTER

SUMMER HIGHLIGHTS

July 2021

Summer Camp!

SPACE IS STILL AVAILABLE FOR SUMMER CAMP SESSION II!

Beginning on July 12, youth can now enroll for one, two or three-week sessions!

Visit our website and contact us to enroll! One-week sessions must be enrolled by telephone or email.





STUDENT BULLETIN BOARD

It's that time of year again!

RELEASE FORM UPDATES FOR FALL

Updating your release form is quick and easy and is a requirement for all adult and youth students to train at ACSF. It keeps us connected and up to date with your current contact information and fulfills our liability requirements. Rest assured, ACSF will never share or sell your personal information.

Please fill yours out on line today. Thank you!



www.abada.org/adult-release-form www.abada.org/youth-release-form

SUMMER SCHEDULE

JULY 12-30

Monday-Friday

Kid's Summer Camp Session II

JULY - AUGUST

Tuesday, Thursday, Saturday

Hybrid Adult / Teen Classes Only

JULY - AUGUST

Wednesdays

Online Adult / Teen Capoeira

Free In Person Beginning Capoeira



SATURDAY SPECIAL

with Mestra Márcia Cigarra

SATURDAYS • 12:15-1:30 PM

JULY 10

Activity and Event Preparation A Talk with Mestra Márcia Cigarra

JULY 17

Practicing for the BATERANGA
Basic new ABADA Rhythms
Tuning up our Berimbau, Atabaque, Pandeiro,
Agogô and Cuia Instruments

JULY 24

Jogos Practices Benguela / SBG da ABADÁ / Siriúna and More

JULY 31

Special Training for Purple Cords and Up

FOR A FULL SCHEDULE AND TO RESERVE YOUR SPOT, PRE-REGISTER HERE



VACCINATED? No Mask Required

Please bring proof of vaccination to the front desk or email info@abada.org with a copy of your card.



NOT VACCINATED? Mask Required

See front desk for safety protocol check.



SATURDAY AUGUST 7 BROADCAST LIVE TIME TBA

ABADÁ-Capoeira San Francisco

CAPOEIRA ARTS CENTER

Thank You!

JOIN US IN HONORING MARIA T. HERNANDEZ AND HER LEGACY WITH ACSF!



If you have spent any time at ACSF you know Maria Hernandez aka Graduada Jabuticaba.
Maria has been a student of Mestra Márcia's since the early 1990s, and has trained consistently ever since. Her accomplishments and contributions extend beyond training. She is a regular

volunteer; donor; advocate for ACSF and the cultural arts; and recently completed more than ten years of service as a member of ACSF's board of directors. Maria's consistent and positive leadership and participation has helped shape our organization and we are grateful.

SPECIAL THANKS TO OUR FUNDERS & SUPPORTERS!













FREUND FAMILY FOUNDATION

WALTER & ELISE HAAS FUND

TO JOIN OUR CIRCLE OF SUPPORTERS
TO SUPPORT THE CULTURAL ARTS DONATE HERE



Donate unwanted items to the Community Thrift Store and designate ABADÁ-Capoeira San Francisco (code #175) as your charity of choice and ACSF receives a percent of sales.

COMMUNITY THRIFT STORE

623 Valencia St (between 17th and 18th) 415.861.4910 www.communitythriftsf.org